



GREENWOOD ACADEMIES TRUST

in partnership with



PE & Sport Premium Package 2022 – 2023

The package below details the support, resources and opportunities which GAT academies will be able to access as part of their on-going commitment to and development of high-quality Physical Education, School Sport and Physical Activity (PESSPA). Academies will be asked to use £2,500 from their PE and Sport Premium Funding in order to facilitate the provision.

There is a significant focus within the package on supporting academies to deliver exciting, healthy, active opportunities that help to build the physical, social and emotional wellbeing of young people using the power of PESSPA as a vehicle to socialise and meet the individual needs of your children.

The package again supports the overarching objective of creating a sustainable model of outstanding delivery.

Professional learning support and resources for the development of high quality PE, School Sport & Physical Activity (PESSPA), delivered in partnership with Allison Consultancy:

1. Central Training

- 3 x days of central training for all GAT PE Coordinators

Key areas of focus are identified from within the group and themes that come from GAT academy assurances. They are likely to include:

- Developing high quality practice and provision in relation to your PE Curriculum Journey (Intent, Implementation and Impact)
- Resources to evidence the quality of PE Intent, implementation and Impact
- 30 minutes a day – monitoring and developing your provision
- PE Deep Dive and information on Ofsted Inspection
- Updates and guidance on any changes to latest national and Trust requirements with regards to COVID-19 PESSPA Safe-Practice. This includes information from DfE, Youth Sport Trust, the national Association for PE (afPE), GAT and Allison Consultancy
- The PE and Sport Premium – website compliancy, Plans and the Conditions of the Grant funding
- PE and Sport Premium - RAG Review and identification of key actions
- Ofsted and DfE requirements in relation to PE and School Sport Premium
- Sharing of best practice to support pupil well-being
- Resources and strategies to develop pedagogy within PE
- Safe-guarding / Health and Safety Updates

PE coordinators will access the training, enhance their own knowledge and understanding, cascade information back to colleagues at individual academies and work with colleagues to create opportunities for pupils.

This is also a networking opportunity for primary PE leads to create professional contacts, share practice, develop new opportunities and discuss challenges.



2. Bespoke Support

- **1 x 5 hour day** of bespoke support per academy
- These can be facilitated 'remotely' or in-school

Allison Consultancy will liaise with you to identify your needs and bespoke the support accordingly. There is flexibility for the training to be delivered to whole school, PE Coordinator, Midday Supervisors or pupils

Popular choices include:

- Young Leader Training, PE Deep Dive, Move Off & Think (MOT), Active Playgrounds, Gymnastics, Dance and Games training are available, alongside areas such as Assessment in PE and how to plan and deliver outstanding PE

Highly recommended!

Of particular interest are the following two opportunities:

Super Me! 2 – Practical Activities to develop health and well-being for your children

This remains current with the focus on children's well-being after the pandemic. The day is delivered practically, in-school. It includes a mixture of the following to meet your needs:

- Up to 4 x modelled sessions with children and staff
- 1 x Staff twilight session and 1 x session with PE Lead
- Focus on developing the well-being of your children through simple, healthy, physical activity and relaxation strategies
- The session is a mixture of practical activities, core strength and stretching, and relaxation

Outcomes for staff:

- Greater understanding of simple, practical activities to support the development of children's well-being
- Supports PE Lead and the school with the achievement of PE & Sport Premium Outcome Indicator 2

Leading to the following impact / outcomes for children:

- Development of self-esteem
- A better understanding of their own emotions and behaviours
- Children know how to use simple movements to help them relax and focus their minds
- Helps children to find the superhero power inside themselves, to have the confidence and resilience to tackle different situations



	<p>Targeted Support for the Primary PE Lead</p> <p>This can be carried out remotely or in-school, including a range of resources and links to latest national guidance, and includes the following:</p> <ul style="list-style-type: none"> • Review, assessment and development of individual Action Plans and PE curriculum development plans • Checking and ensuring you are planning to meet the Conditions of the PE and Sport Premium Grant (2022/23)
<p>3. GAT Quality Assurance</p> <ul style="list-style-type: none"> • Sport Premium Statement Audit • 1 x 5 hour day review 	<ul style="list-style-type: none"> • Allison Consultancy will carry out an audit each GAT academy's Sport Premium Statement from their website over the summer period. • Leaders will be provided with a report detailing areas of strength and areas of development at the beginning of the academic year • The report should be used to inform the Principal's self evaluation of the Sport Premium Risk Indicator • Allison Consultancy in partnership with GAT will carry out a PE / sport review on site on each primary academy in the academic year 22/23 • This is a supportive process to help academy leaders identify key strengths and key areas for improvement in their provision of curriculum PE, school sport and physical activity. • It will also explore further the use and impact of the PE and Sport Premium with a focus on sustainability



4: Resources, subscriptions and memberships	The following resources are accessible:
Access to Sport Plan	<ul style="list-style-type: none"> • 16,000 creative ideas across 18 sports. Each drill has an animated diagram, examples and progression • 1000 tried and tested ready to go lesson plans • Videos of different techniques and examples of best practice • Compatible for use on computers, tablets and smartphones so can be used on the move
Subscription to 5 A DAY	<ul style="list-style-type: none"> • 5-a-day TV is the ultimate fun fitness resource for primary schools. It provides online access to fully demonstrated five-minute exercise routines and language learning resources designed specifically for projection onto classroom whiteboards • Regularly updates routines and also can request themed routines if you have school projects running • New strand to the resource allows pupils and parents to access it at home. • Data collection available to identify usage and impact across each academy
YST Membership	<ul style="list-style-type: none"> • Curriculum mapping guide designed to meet the bespoke needs of academies. • “Power of Enrichment” resource geared to enhance, empower and enrich the extended PE curriculum • Support to achieve the YST’s accreditation for delivery of high-quality PE/Sport. “Quality Mark” • Regular updates regarding the national landscape and direction of travel within the sector
afPE Safe Practice in Physical Education, School Sport and Physical Activity	<ul style="list-style-type: none"> • Advice across the complete physical education curriculum to help you protect your students and yourself from potential risks. • The resource contains extensive information about what is considered best practice and can provide the basis for your health and safety policy. • Essential resource in relation to COVID-19 adaptations to delivery.



5: Sporting opportunities	
Regional Dance Festivals	<ul style="list-style-type: none"> • Specifically targets Year 2 and 3 pupils. • Delivered by specialist Dance and Performing Arts staff. • Acts as a CPD opportunity as staff attending will learn how to teach the sessions and can then disseminate the information back to their academies. • Enables pupils to perform at a formal venue – one of our secondary academies. • Spring term
Inter Academy Primary Athletics event	<ul style="list-style-type: none"> • The opportunity for pupils to compete in the equivalent to a national competition with over 600 participants. • 20 Year 5/6 pupils per academy. • Pupils enhance their understanding and life experiences by competing and socialising with children from a variety of diverse cultural backgrounds. • Academies throughout the Trust join together to recognise and celebrate the significance of sport. • Summer term at Braunstone Leisure Centre, Leicester.
Special Schools Sporting Calendar	<ul style="list-style-type: none"> • Competitions/festivals specifically designed to support the development of pupils with SEN. • Opportunity for the pupils to develop their confidence, resilience and communication skills. • Bespoke programme developed each year in discussion with GAT special academies.

