

Theme-Lesson 2

Courageous

Watch the link below:

<https://www.youtube.com/watch?v=o1CxKPrK5GY>

What does courageous mean? Think of a time where you have been courageous and write about it. What did you do? How did you feel before? How did you feel after?

Is there something you think you are feeling fearful of, but think you could be courageous and try?

The next time you are afraid to do something but you know it is the right thing to do, just do it. See how it makes you feel.

And let's finish with some quotes from famous people about courage:

"All our dreams can come true...if we have the courage to pursue them." – Walt Disney

"Success is not final, failure is not fatal: it is the courage to continue that counts." – Sir Winston Churchill

Further learning ideas:

Topics for Discussion:

- Talk about a courageous person. What makes them courageous?
- Can you remember a story that you have read where the characters have courage? Or how about a story where a character did not have courage?
- What are some things you can do in your life that take courage?